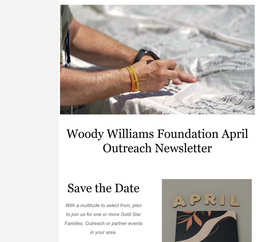

Woody Williams Foundation April Outreach Newsletter

Save the Date

With a multitude to select from, plan to join us for one or more Gold Star Families, Outreach or partner events in your area.

View our Event Calendar

Dear Families & Supporters,

Spring has officially sprung, and we welcome the warm temperatures and beautiful colors this season brings forth! Spring calls on us to be more present, noticing the birth and bloom of life around us. Spring can also bring on a sense of pressure when we are grieving, asking us to look at the bright side when we're feeling stuck in the dark.

We want to thank the Piscataway Peak Fallen Heroes Committee for inviting us to be a part of a special ceremony last month. What an honor to be among 21 Native American Tribes as we remembered Hopi Tribe member Lori Piestewa who was killed in Iraq on March 23, 2003. We also heard from several Gold Star Families in attendance from Arizona and surrounding areas who shared the lives of their heroes. You can read more about this year's event on their Facebook page. We remain grateful for our friends at Tuesday's Children and Combat Warriors for including us in their programming in March. We also want to send a huge shout out to our new friends at Charlie Mike for inviting us to your gala recently! Keep up your incredible work! This community is why we are able to serve more families. THANK YOU for your partnership and service!

Stay connected! Below is a list of upcoming opportunities near you.

April Happenings

All Month

National
Join TAPS survivors in your area for a day of honor and fellowship.

April 4-12

Florida
Gold Star Family Memorial Motorcycle Ride in Florida. Learn more HERE.

April 4-6

Georgia
The **Farm at Little Fox Hollow Gold Star Family Retreat** in Dallas, GA. REGISTRATION IS FULL! Email our **Director of Outreach** to be placed on the waiting list.

April 5, 12 & 26

Join The Travis Manion Foundation at an **Operation Legacy** event near you.

April 8

Virtual
Tuesday's Children Gold Star Family & Young Adult **Financial Foundations Virtual Workshop**. Register HERE.

April 11

Tennessee
Gold Star Family Day at the Ballpark with the Nashville Sounds REGISTRATION IS FULL! Email our **Director of Outreach** to be placed on a waiting list.

April 11-13

Georgia
The Farm at Little Fox Hollow **Gold Star Family Retreat** in Dallas, GA. Email our **Director of Outreach** for details!

Apr 25-26

Texas
Gold Star Parent's Retreat. Register HERE.

We're on social media! Don't forget to follow along as we share stories about our heroes, families, and the communities honoring them!

MENTAL HEALTH IS HEALTH: Last month, we took part in a suicide prevention training with Deb Casello at KEYS365. As a team, we learned best practices in prevention through empathy and connection. If your team is looking for an empowering and conversational approach to suicide prevention at no cost, please consider reaching out to Deb on her website.

Speaking of mental health, did you know that breathwork is a powerful tool in reducing stress, improving sleep and elevating your mood? Our friend Stephen Stort is a Certified Breathwork Practitioner, and we've benefitted from his expertise firsthand. Reach out to Stephen to learn more!

For families of suicide loss interested in learning about how your loved one's story could be shared to help others through data analysis, please contact Kim Burditt with the Black Box Project.

Who will YOU carry this Memorial Day? This Memorial May, Woody's Warriors is stepping up for Gold Star Families in partnership with Carry The Load —and we need YOU! Every dollar raised directly supports the Woody Williams Foundation and its mission to honor, recognize, and serve the families of our fallen heroes.

- **Donate**—Every contribution makes a difference for Gold Star Families.
- **Walk with Us** - Carry the load in memory of a fallen hero.
- **Share the Mission** - The more people we reach, the greater impact we make.

Join us in ensuring that the sacrifices of our nation's heroes are never forgotten.

Get More Information

As part of this effort, we invite you to a special Carry The Load community event on May 16, 2025, at Waterfront Park in Louisville. Co-hosted by Carry The Load and the Woody Williams Foundation, this event is an opportunity to come together in remembrance and gratitude. Walk, volunteer, or simply show your support—your presence helps keep the legacies of our heroes alive.

- Date: Thursday, May 16, 2025
- Location: Waterfront Park, Louisville, KY
- Time: 4:30 PM
  You can register for the event here.

Thinking about Summer already? Don't miss the chance to register for these camps, retreats and seminars:

Registration OPEN for **one week of FREE summer camp in NC** thanks to Combat Warriors. Please email our **Director of Outreach** for more information.

Registration OPEN for **Special Liberty Project Survivor Retreats** in NC

Registration OPEN for **A Soldier's Child Summer 2025 Camps** in KY, TN, TX & GA

Registration OPEN for **Never Alone Widows 2025 Faith-based Retreats and National Seminar**

Registration OPEN for **Gold Star Sailing Camp**

Registration OPEN for **TAPS 31st Annual National Military Survivor Seminar** in Washington, DC

Registration OPEN for the **Gold Star Family Weekend** at the Georgia Aquarium

Spring can feel contrary to the realities of grief, as we lie dormant like winter snow on the ground. Trust that your Spring will come. You will rise and feel the warmth of the sun again! Please know that wherever you are in the season, we are with you. With the support of our community partners and friends, we have so much to offer you this spring; chances to reflect, to connect, and to have fun!

We want to hear from you! *Please reach out to us if there is anything we can do to support you. We are constantly updating our resource list based on the feedback we receive. It's such a privilege to carry your loved one's story with you. To those who stand with us in service, thank you!*

In remembrance,
The Outreach Team

Support Our Efforts

Your generous, tax deductible donation to the Woody Williams Foundation enables us to carry out the goals and objectives of the Foundation.

GIVE

Our mission statement

To honor, recognize, and serve Gold Star Families and the legacy of their Loved Ones who have paid the ultimate sacrifice.

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